TENANT ZERO

Roopkund Mystery Lake Expedition

Official Itinerary & Expedition Guide

Location:	Uttarakhand	**Duration:**	6 Days
Difficulty:	Moderate	**Dates:**	13 Dec 2026 to 19 Dec 2026

Day 1: Lohajung Basecamp Gathering

Equipment inspection and safety briefing at basecamp.

TIME	TYPE	ACTIVITY	DETAILS
04:00 PM	ACTIVITY	**Gear Briefing & Medical Check**	Full gear inspection with senior trek guides. • Headlamp testing • SpO2 baseline check

Important Points for Day 1:

- Verify personal medical kit
- Collect microspikes and gaiters